

QUALITY MATTERS E-NEWSLETTER



Information & Quality
HEALTHCARE

November 2014
Vol. 3, No. 11

Events

November:

Veteran's Day

American
Diabetes Month
www.diabetes.org

Diabetic Eye
Disease Month
www.preventblindness.org

Great American
Smokeout Month
www.cancer.org
(Nov. 20
Smokeout Day
observed)

National
Alzheimer's Disease
Awareness Month
www.alz.org

National Family
Caregivers Month
www.nfcacares.org

National Association for
Home Care & Hospice
www.nahc.org

Thanksgiving Day:

American Diabetes Month:

Statistics reflecting the importance of diabetes education:

- In 2012, 29.1 million Americans, or 9.3% of the population, had diabetes.
- Of the 29.1 million, 21.0 million were diagnosed, and 8.1 million were undiagnosed.
- In 2012, 86 million Americans age 20 and older had pre-diabetes; this is up from 79 million in 2010.
- Diabetes was the 7th leading cause of death in the United States in 2010, with 69,071 death certificates listing it as the underlying cause of death. (Shared by the A1C Champions Program)

Great American Smokeout Day Nov. 20:

The Mississippi Tobacco Quitline Number: 1-800-QUITNOW/1-800-784-8669

Since the late 1970s, the third Thursday in November has been observed as Great American Smokeout Day, helping thousands of smokers to quit. Smokers are encouraged to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By quitting for even one day, smokers will be taking an important step toward healthier lives that can lead to reducing cancer risk.

IQH's Mississippi Tobacco Quitline, funded by the Mississippi State Department of Health Office of Tobacco Control, has for 15 years targeted the use of tobacco and its negative effects on healthy lifestyles of Mississippians, assisting more than 140,000 tobacco users through the program. IQH's success rates are among the highest in the United States, contributing to healthier and longer lasting lives.

According to the American Cancer Society, founder of the special smokeout observation, tobacco use remains the single largest preventable cause of disease and premature death in the country, yet about 42 million Americans still smoke cigarettes, almost one in every five adults.

The Mississippi Tobacco Quitline's trained tobacco specialists are available Monday through Friday from 7 a.m. to 9 p.m. and Saturday 9 a.m. to 5:30 p.m. Special services assist physicians in guiding patients to the most effective cessation treatments. Healthcare provider options and online counseling are available at www.quitlinems.com.

Save the Date: December 10, 2014**Introducing an Alliance for Powerful Change Teleconference**

IQH, as part of the multi-state atom Alliance, has scheduled a learning session for one-on-one discussions about national and state-level quality improvement efforts for the next five years. The Dec. 10 teleconference from 10 to 11:30 a.m. will focus on facilities in the state working together to ensure better healthcare and lower costs. Participants will be able to share information on their organizational goals for improving health and access to care for Mississippians. They will also discuss the alignment of their own goals with new national priorities. The atom Alliance is composed of three healthcare quality improvement consultant organizations that have joined forces to work in a Quality Innovation Network Quality Improvement Organization (QIN-QIO) contract from CMS. States include Mississippi, Alabama, Tennessee, Kentucky, and Indiana. For information on participating in the session, contact Sarah Miller, 601-957-1575 ext. 249.

Special Recognition

Bedford Care Center-Monroe Hall in Hattiesburg has been recognized as a 2014 recipient of the Bronze-Commitment to Quality Award for its dedication to improving the lives of residents through quality care. The award is the first of three distinctions possible through the National Quality Award program presented by the American Health Care Association and National Center for Assisted Living (AHCA/NCAL). "We are truly proud of this accomplishment," said Robert Perry, administrator of Bedford Care Center, in congratulating the Bedford staff for efforts made to meet measurable targets to improve lives. "The quality goals of increasing staff stability and safely reducing hospital readmissions at Bedford have resulted in this achievement." The National Quality Award program honors centers across the nation that have demonstrated their commitment to improving quality care for seniors and individuals with disabilities. The award represents the dedication that each Bronze recipient has given to improve quality in the long term and post-acute care profession.

Quality Resource and Utilization Report (QRUR) Available

For assistance in obtaining a copy of the Quality Resource and Utilization Report (QRUR) and evaluating opportunities for improvement, contact IQH, 601-957-1575, Ramona Drake, ramona.drake@hcqis.org, ext. 231, or Dale Bridges, dale.bridges@hcqis.org, ext. 223.

Everyone with Diabetes Counts

"Everyone with Diabetes Counts" (EDC) is a national initiative promoting diabetes self-management education. IQH and its partners are working to ensure Mississippians with diabetes and pre-diabetes receive diabetes self-management education (DSME). "DSME is a proven intervention which empowers people with diabetes to acquire

the knowledge and skills necessary to improve the quality of their lives," said Debbie Miller, IQH state co-director. "Every person should be referred for diabetes self-management education as soon as he or she is diagnosed with diabetes." Nearly one-third of adults 65 and over have the disease that is the most common cause of blindness, kidney failure, and amputations in adults and a leading cause of heart disease and stroke. Many of the complications of diabetes can be prevented by empowering people to play an active part of their diabetes care team.

Thirty-nine ADA or AADE education sites are located in Mississippi (pictured below). [Click here to download](#) a pdf version of the sites.

Organization	Address	City	Phone
Kings Daughters Medical Center	421 Hwy. 51 North	Brookhaven	601-635-9118
Madison River Oaks Diabetes Center	161 River Oaks Dr.	Canton	601-855-4032
G.A. Carmichael Family Health Center	1666 West Peace Street	Canton	601-855-5213
Choctaw Health Department/MBCI	210 Hospital Circle	Choctaw	601-389-6226
Aaron E. Henry Community Health Services Center, Inc.	800 Ohio Ave.	Clarksdale	662-624-2504
Baptist Memorial Hospital-Golden Triangle	2520 5th Street North	Columbus	662-244-1596
James Bennett Apothecary Powered by Walgreens	2049 Shiloh Rd.	Cornith	662-286-6914
North Mississippi Medical Clinics	70 Medical Plaza	Eupora	662-258-9341
Diabetes & Endocrine Institute	2610 Courthouse Circle	Flowood	601-932-1223
Greenwood Leflore Hospital	1401 River Road	Greenwood	662-459-1438
Memorial Hospital at Gulfport	4500 13th Street	Gulfport	228-867-4131
The Diabetes Center at Wesley Medical Center	5001 Hardy St.	Hattiesburg	601-268-8095
Keyhabits Diabetes Education Program	405 Georgetown St.	Hazlehurst	601-894-1616
Central Mississippi Health Services	1134 Winter St.	Jackson	601-948-5572
Central Mississippi Medical Center	1850 Chadwick Drive	Jackson	601-376-2485
DCA Mississippi, LLC	1040 River Oaks Dr. Suite 302	Jackson	601-939-9923
Medical Mall Health Services	1860 Chadwick Dr. Suite 305	Jackson	601-372-1729
Mississippi State Department of Health	570 East Woodrow Wilson Drive Plaza I	Jackson	601-206-1558
St. Dominic - Jackson Memorial Hospital	969 Lakeland Drive	Jackson	601-200-6641
Family Health Center, Inc.	117 S. 11th Ave.	Laurel	601-425-3033
South Central Regional Medical Center	1220 Jefferson St.	Laurel	601-426-4700
Family Pharmacy Diabetes Education Center of McComb	200 Marion Avenue	McComb	601-684-7621
Anderson Regional Medical Center	1516 23rd Ave	Meridian	601-553-6399
Greater Meridian Health Clinic, Inc.	2701 Davis Street	Meridian	601-693-0118
Rush Foundation Hospital	1314 19th Ave.	Meridian	601-703-9681
Delta Health Center DSME/T Program	702 Martin Luther King Rd.	Mound Bayou	662-741-8833
Baptist Memorial Hospital - Union County	200 Hwy 30 West	New Albany	662-538-2297
Laird Hospital, Inc.	252 Northside Dr.	Newton	601-693-3117
Gulf Coast Health Educator's	212 E. Second St. Suite A	Pass Christian	228-660-7530
Laird Hospital, Inc.	605 South Archuse Avenue	Quitman	601-776-6925
Baptist Memorial Hospital Desoto	7601 Southcrest Parkway	Southaven	662-772-4753
BAZE Pharmacy DSMT	900 Stark Rd.	Starkville	662-323-5033
Eze Family Medical Clinic DSMT	900 Stark Rd.	Starkville	662-323-4400
Oktibbeha County Hospital	400 Hospital Road	Starkville	662-615-2668
Endocrinology Consultants, PLLC	870 Crossover Road	Tupelo	662-844-8414
North Mississippi Medical Clinics	845 South Madison Street	Tupelo	662-377-2500
Laird Hospital, Inc.	25117 Highway 15 North	Union	601-774-8214
Wayne General Hospital	950 Matthew Drive	Waynesboro	601-735-5151 X.146
North Mississippi Medical Clinics	835 Medical Center Drive	WestPoint	662-495-2128

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