



An Information & Quality Healthcare (IQH) Publication Serving the Mississippi Healthcare Community

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Visit www.msqio.org

Available Tools:

The Core Measures Pocket Guide for January 1, 2014, through September 30, 2014, is available for downloading from the IQH website, www.msqio.org, Quality Initiatives, Reducing Healthcare-Associated Infections.

February 27, 2014
9 a.m. to 3 p.m.

IQH's Learning & Action (LAN) Meeting, Healthcare-Associated Infections

Save the Date: April 24, 2014
IQH's Learning & Action Network (LAN) Meeting, Working Together to Improve Patient Outcomes

Diabetes Foundation of Mississippi's Bacchus Ball
February 8, 2014
The annual Mardi Gras theme gala sponsored by the state's nonprofit health organization providing diabetes research, information, patient services and advocacy. The Foundation mission is to provide hope through research, programs and service to the 373,000

February 7: The Day to Wear Red

American Heart Month throughout February focuses on reducing the burden of heart disease by raising awareness and taking steps to improve individual heart health. The American Heart Association's (AHA) National Wear Red Day® is the special day for showing support in the fight against heart disease. The first Friday in February, February 7 this year, is the designated day, with the observance marked by the promotion of the "Red Dress" symbol and providing an opportunity to increase visibility of the movement by wearing red or a Red Dress pin.

IQH joins in the work to reduce cardiac risk factors and encourage beneficiaries, providers and partners to commit to Million Hearts®, a component of the *Improving Health for Populations and Communities (IHPC) Aim*.

Check out the "ABCS of Heart Health" at:

<http://t.cdc.gov/ecards/message.aspx?cardid=717&category=157>

Million Hearts® materials are available at:

<http://millionhearts.hhs.gov/resources/toolkits.html>.

This campaign aims to prevent 1 million heart attacks and strokes in the next five years.

February 9-15: National Cardiac Rehabilitation Week

The National Cardiac Rehabilitation Week observance set for February 9-15, 2014, was begun by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) to focus national attention on cardiac rehabilitation's contribution to the improvement of the health and physical performance of individuals at risk for heart disease and or those diagnosed with heart disease or dysfunction. CMS resources offering information about cardiovascular screening can be accessed at

<http://www.medicare.gov/coverage/cardiovascular-disease-screenings.html>.

February 12 CAPITOL DAY: American Cancer Society Cancer Action Network

The Mississippi State Capitol will be the site for the Wednesday, February 12, Capitol Day sponsored by the American Cancer Society

Mississippians with diabetes.

February 22, 2014
Annual Diabetes
Super Conference
Marriott Hotel Jackson

Cancer Action Network. Time is from 9 a.m. to 1:30 p.m., with a pre conference set for 11 a.m. The focus will be on breast cancer awareness.

For more information, call 601-321-5519 or email anita.bales@cancer.org.

Events

February:

American Heart Month

National Wear Red® Day

National Cancer
Prevention Month
February 7, 2014

Cancer Action
Network Capitol Day
February 12, 2014

National Cardiac
Rehabilitation Week
February 9-15, 2014

National Drug Facts Week
January 27 - February 2

March:

National Colorectal Cancer
Awareness Month

National Nutrition Month
Patient Safety
Awareness Week
March 2-8, 2014

Diabetes Alert Day
March 25, 2014

Diabetes Risk Test is available at
<http://www.diabetes.org/diabetes-basics/prevention/diabetes-risk-test/>

25.8 million Americans have diabetes, yet 7 million do not know they have the disease. The fourth Tuesday of every March is set for the special alert observance.

February: National Cancer Prevention Month

February is designated as National Cancer Prevention Month, a reminder to Americans to get preventive cancer screenings and learn about the importance of early detection. The month-long observance also serves to make more people aware about living a healthy lifestyle through fitness and proper nutrition. In working with *the Improving Health for Populations and Communities Aim*, IQH staff focus on the importance of the special prevention work for beneficiaries, provide and partners across all care settings.

Healthy Lifestyles Resources

The Mississippi Tobacco Quitline, www.quitlinems.com, has quitline toolkits and a link to Mississippi's free online support program. This program includes self-directed cessation exercises, access to cessation counselors and a support community.

Online quizzes offer special health insights: "Test Your Breast Cancer IQ" and "Nutrition and Activity Quiz" can be accessed at <http://www.cancer.org/healthy/toolsandcalculators/quizzes/nutrition-activity-quiz/index.htm>.

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